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ABSTRACT

This book seeks to help people connect their emotions with their daily tasks and interactions. It attempts this connection by clarifying for the reader his or her passions. Each chapter unfolds as a "Passion Secret." There are ten passion secrets: (1) The first step to power is clarity; (2) Powerful people do not want to be like anyone else; (3) Powerful people know that getting there is all the fun; (4) Powerful people always have other powerful people help them achieve their goals; (5) Powerful people know how to find their niche, by following their passion; (6) Powerful people enjoy the process of research, then they act and move ahead on the information they have; (7) Powerful people know how to make and keep lasting relationships (contacts); (8) Powerful people trust their instincts; (9) Powerful people know that freedom is the result of self-discipline; and (10) Powerful people know when they "get there." Each chapter requires written exercises and self scrutiny. The emphasis is on internal focus before external concerns are addressed. An enumerated summary appears at the end of each chapter. The book closes with a list of ten steps readers can follow to discover ways in which they can do what they love for a living. (RJM)

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